

St. Vrain Valley SD

Membership Rates



Ironside Gym & Tennis Club (formally Longmont Athletic Club) has been creating a healthier Longmont community for over 42 years and is excited to offer this wonderful program to St. Vrain Valley SD Employees. Take advantage of this SPECIAL DISCOUNTED OFFER for the **ONLY Premier Health Club in Longmont!!**

**IRONSIDE GYM & TENNIS CLUB
10 MOUNTAIN VIEW AVENUE
303.772.4700**

- 4 Separate Weight Rooms
- Cardiovascular Area
- Indoor/Outdoor Tennis Courts
- Outdoor heated year-round Swimming Pool
- Outdoor Hot Tub/ Dry Saunas/ Co-ed Steam room
- Spinning™ Studio
- Private Aerobic Studio
- Gymnasium/Running & Walking Track
- 2 Racquetball Courts
- Outdoor Sand Volleyball Court
- Group Fitness Classes
- Personal Training & Nutritional Counseling
- Boxing Ring- Speed bags, Heavy bags, Double-end bags, Grappling Mats
- Kidzone & Youth Programs
- Martial Arts
- Swimming lessons- Private
- Massage Therapy

St. Vrain Valley SD Employee Enrollment Fees

Individual \$0

Couple \$0

Family \$0

MONTH-TO-MONTH CONTRACTS

	Normal Rates	St. Vrain Valley SD Rates
Individual	\$72/month	\$49/month
Couple (2 adults or 1 adult + 2 kids under 18)	\$105/month	\$72/month
Family (4 persons)	\$130/month	\$92/month

**STOP IN TODAY FOR A TOUR OF THE CLUB
AND ENJOY A FREE 1-WEEK PASS WITH THIS FLYER!**

CLUB HOURS: Mon- Thurs 4:30am- 10:30pm • Friday 4:30am-9:30pm • Sat/Sun 7:00am- 7:00pm