



# 2023 Sunrise Stampede 5K

August 12th

5K Run/Walk with a 1 Mile Fun Run

Event Location: Silver Creek High, Longmont

1 Mile Fun Run @ 8:00 - 5K Run/Walk @ 8:30



centura

Longmont United  
Hospital

## IN-PERSON REGISTRATION INFORMATION:

### 5K Race:

- **FREE** for the first 200 St. Vrain Valley Schools' Students to register for the 5K, courtesy of Centura Longmont United Hospital. (\$10 after free registrations are fulfilled for students)
- **\$30** - 5K from **April 4th to May 15th**
- **\$35** - 5K from **May 16th to June 30th**
- **\$40** - 5K from **July 1st - August 8th@noon**
  - Entry into the In-Person 5K Race
  - Includes a Sunrise Stampede t-shirt
  - Race Medal (for first 900 participants)
  - Entry into race day give-a-way drawing (must be present to win)
- **\$40** - 5K from **August 8th @ noon to August 10th @ midnight** and **RACE DAY**
  - Entry into the In-Person 5K Race
  - Entry into race day give-a-way drawing (must be present to win)
  - **NO** guarantee of Sunrise Stampede t-shirt or race medal.

### 1 Mile Fun Run:

- **FREE** for the first 100 St. Vrain Valley Schools' Students to register for the 1 Fun Run, courtesy of our generous sponsors. (\$10 after free registrations are fulfilled for students)
- **\$20** - Fun Run from **April 4th to May 15th**
- **\$25** - Fun Run from **May 16th to June 30th**
- **\$30** - Fun Run from **July 1st - August 8th@noon**
  - Entry into the In-Person Fun Run Race
  - Includes a Sunrise Stampede t-shirt
  - Race Medal (for first 300 participants)
  - Entry into race day give-a-way drawing (must be present to win)
- **\$30** - Fun Run from **August 8th @ noon to August 10th @ midnight** and **RACE DAY**
  - Entry into the In-Person Fun Run Race
  - Entry into race day give-a-way drawing (must be present to win)
  - **NO** guarantee of Sunrise Stampede t-shirt or race medal.

A Virtual Sunrise Stampede 5K and 1 Mile Fun Run is available for those that are out of state or not able to join us on race day. Visit [sunrisestampede.org](http://sunrisestampede.org) for more information.



EDUCATION FOUNDATION

[www.stvrainfoundation.org](http://www.stvrainfoundation.org)

### Racing to Support Special Education & Mental Health in St. Vrain Valley Schools!

The Sunrise Stampede is a family-oriented 5K run/walk with a 1 mile fun run that has raised \$290,000+ for student programs in St. Vrain Valley Schools. All net proceeds support Special Education and Mental Health Teacher Innovation Grants. These grants are awarded to teachers who have innovative ideas to enhance learning for students.

